

THE PROVO HOCKEY LEAGUE

OPERATED BY PROVO HOCKEY LEAGUE LTD. ("PHL") (a limited liability company)

RELEASE AND WAIVER FORM IN FAVOUR OF PHL

PHL is a 'not for profit' organization. We ask you to sign this form to show that you recognize that in-line hockey is a physical activity which carries associated risks. This release and waiver shall apply to all activities undertaken by you/your child with PHL except where PHL fails to meet its duty of care to you/your child.

Please carefully read the following:

Hazards - I acknowledge and realize that participation in in-line hockey involves strenuous physical activity, contact with other players and objects and is potentially dangerous and that there are risks associated with my/my child's participation. Such risks and dangers include, but are not limited to, collisions with players, and/or fixed or moving objects, the negligence of others and extreme physical exertion. Further, I realize that participation will require strenuous physical exertion. I understand that I/ my child should not enter and participate unless I/they are fit and medically able to do so.

Release of liability - To the maximum extent permitted by the law and in consideration of my/my child's participation in in-line hockey and all associated events, tours and other activities of PHL, I hereby waive, release, and forever discharge, for myself, my heirs, executors, administrators and legal representatives, any and all rights and/or claims which I/my child have, may have, or may hereafter accrue to me/my child against PHL, its officers, directors, employees, servants and agents for any and all damages, injuries (including death), and/or claims which may be sustained directly or indirectly arising out of my/my child's participation (including the application of emergency or medical services), **except** in the case that PHL has been proved to be negligent in its duty of care. Further, I covenant not to sue PHL, its officers, directors, employees, servants and agents for any and all damages, injuries (including death), and/or claims which may be sustained directly or indirectly by me/my child arising out of my/my child's participation in in-line hockey, or any tours or other activities of PHL, **except** in the case that the PHL has been proved to be negligent in its duty of care. This release and discharge includes, but is not limited to, claims for personal injury, death, property damage, economic loss, breach of contract, lost wages, contribution indemnity, indemnity, punitive damages, or any other legally recognizable claim howsoever arising. I accept all responsibility for the security of my/my child's kit and all other of my/my child's personal equipment.

Assumption of the risks - With full knowledge and understanding of the risks associated with my/my child's participation, I/my child enter it voluntarily and fully accept and assume every such risk for any loss, damage, or injury (including death).

Indemnity - I hereby agree to release, defend, indemnify, and hold harmless PHL, its officers, directors, employees, servants and agents from and against any and all claims, demands, damages, suits, liabilities or actions arising directly or indirectly out of my/my child's actions or otherwise from my/my child's participation in any PHL activity whether made or claimed during or after any such activity, including all associated costs and expenses and any amounts which PHL may pay as a settlement or compromise of any such claims or liabilities. I will indemnify PHL, its directors, officers, employees, servants and agents against any and all claims, lawsuits and causes of action whatsoever or howsoever arising and brought against them by any third party as a result of my/my child's actions during any PHL activity. I hereby grant full permission to PHL to use any photographs, videotapes, motion pictures, website images, recordings or any other record of any PHL activity.

Signature: _____

Date: _____, 2007

First Name: _____

Last Name: _____

Home Phone No.: _____

Cell Phone No.: _____

Email: _____

Address: _____

Date of Birth: ____ (day) ____ (month) ____ (year) Male / Female

Child's name _____

Date of Birth ____ (day) ____ (month) ____ (year)